



# **CYCLOACADEMY**

**Cycling is now one of the worlds leading sports,  
it's exciting and exhilarating, which can be enjoyed  
at both competitive and recreational levels**

Cyclopark has developed a new secondary school programme 'CycloAcademy' to inspire and encourage young people to participate in a range of cycle sports, which includes BMX, Mountain Biking and Road. The aim of the CycloAcademy programme is to provide an insight and opportunity into the sport.



**cyclopark®**



**FIND OUT  
MORE! CALL  
THE CYCLOPARK  
TEAM TODAY ON  
01474 831400**

# CHOOSE FROM ONE OF THE FIVE CYCLOSPORT PROGRAMME OPTIONS:

## OPTION 1

### CYCLOACADEMY WORKSHOP

**DURATION:** 90 Minutes

This session will provide an introduction to one of the following disciplines; choose from BMX, Mountain Biking or Road. It is a practical workshop where students have a fun, safe, stage-appropriate experience, focusing on developing basic cycling skills, which are transferable across all cycling disciplines.

**PRICE:** £5 per rider (minimum payment of £75)

Includes equipment hire

**NUMBER OF STUDENTS:** Maximum of 30 riders in two groups of 15 (Note, larger groups can be catered for by arrangement)

## OPTION 2

### CYCLOACADEMY ACTION PACK

**DURATION:** 4 Hours

The session will provide introductions to the bike and basic skills of two selected cycling disciplines, the disciplines include a choice of BMX, Mountain Biking or Road. The session will also include a CycloAcademy Race Challenge, where pupils get to try out their new bike handling skills and have the chance to experience the thrill of bike racing.

**PRICE:** £17.50 per rider (minimum payment of £262.50)  
Includes equipment hire

**NUMBER OF STUDENTS:**

Maximum of 30 riders in two groups of 15 (Note, larger groups can be catered for by arrangement)



**CYCLOPARK IS A KENT COUNTY COUNCIL**



### **OPTION 3 CYCLOACADEMY RACE EXPERIENCE**

**DURATION:** 6-week course,  
90 minutes per session

Weeks one – four, students will experience all three cycling disciplines, a different discipline each week. Week 5 will be classroom based, which focuses on bike maintenance, where students learn about their bike and essential basic bike mechanic skills. The final week students compete in a CycloAcademy Race Challenge, a key element to the programme, where the young riders have the opportunity to race.

**PRICE:** £30 per rider (minimum payment of £450) Includes equipment hire

**NUMBER OF STUDENTS:** Maximum of 30 riders in two groups of 15. (Note, larger groups can be catered for by arrangement)

**TEACHERS  
GET ON  
YOUR BIKE!**

### **CYCLING FOR SCHOOLS**

With the support of British Cycling we can also offer one free 'Cycling for Schools' coach education place, worth £95, to schools that complete the six week course.

### **OPTION 4 GCSE PHYSICAL EDUCATION CYCLING MODULE**

**DURATION:** 2 Days, 3 hours per day

The cycling GCSE module supports the GCSE Physical Education qualification. At the park we offer and follow the curriculum set by examining boards Edexcel and AQA.

**PRICE:** £20 per rider (minimum payment £300)

**NUMBER OF STUDENTS** Maximum of 15 children (Note, larger groups can be catered for by arrangement)



**cycloPark®**

### **ORGANISING A SCHOOL OUTING?**

This is no easy task! At CycloPark we tick all the boxes – we provide safe and healthy fun  
**Contact us to find out more on  
01474 831400**

### **OPTION 5 CYCLOACADEMY ASSEMBLY**

**FREE!**

We also offer the opportunity for one of our British Cycling Coaches to visit your school and talk to your group during a class or assembly about the sport and the ways they can get involved.

**APPROVED VENUE FOR OFF SITE ACTIVITIES**

## **BMX RACING**

One of the most exciting forms of cycle sport - both to watch and take part in. It's highly technical and requires strength, nerve and tactical ability. Students will ride the park's world-class track.



## **MOUNTAIN BIKING**

Simply explained its riding bicycles off-road, often over rough terrain. The sport requires fitness, bravery and amazing bike control at thrilling speeds. Students will get to explore the park's 6km of trails.



## **ROAD RACING**

The oldest form of cycle sport. Road racing demands great endurance, bike handling, skill and tactical know-how. Students will test their speed on the park's traffic free 2.5km circuit.



### **CYCLOACADEMY IS ALL ABOUT THE FUN OF THE SPORT**

The CycloAcademy programme is run by British Cycling qualified coaches, all the sessions focus on cycling as a sport, racing is a superb way for children to have fun, make friends, keep fit and healthy, learn new skills, increase their self-esteem. Our aim is for the riders to learn and reach their fullest potential whilst having heaps of fun.

### **EQUIPMENT**

All CycloAcademy programmes are run at the park and we provide all the necessary resources and equipment to ensure the workshop or course sessions run safely and smoothly.

### **FIND OUT MORE**

Whatever your requirements a tailored programme can be developed, all programmes are flexible and can be adapted to suits your school needs.

**Get your pupils pedalling with CycloAcademy today by contacting Paul Panton. Call 01474 831400 or email [paul.panton@cyclopark.com](mailto:paul.panton@cyclopark.com)**



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